

# Rinses to Reduce Gum Inflammation before, during, and after Restorative Treatment

(CHLORHEXIDENE GLUCONATE)

To reduce inflammation in your gums, we recommend that you use an antibiotic mouth rinse for the next few weeks. This practice will make your treatment easier by making your gum tissue healthier.

The result of using the rinse is faster healing and healthy, non-inflamed gums that make the impressions for your new restorations easier and better. The temporary restorations adapt better, the microorganisms in your mouth are reduced, and the new final restorations integrate faster and better than if the rinse is not used.

Please use the mouth rinse Peridex or other brands of chlorhexidine gluconate one time per day just before bedtime after cleaning your mouth and rinsing thoroughly. Swish a half-capful of the rinse for 15 seconds, spit, and swish with the second half of the capful for 15 seconds and spit again.

You should use this mouth rinse for two weeks before treatment begins, during the time you wear the temporary restorations, and for about two weeks after we place the new crowns.

Thank you for your cooperation.



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